

## **Building Healthy Communities**

**Elementary School Program** 

## We're Ready to Launch!

Great news! We were among eight school districts from across the state to be selected to receive the Building Healthy Communities program this school year! The BHC program provides schools like ours with the tools and resources to help promote well-being, prevent chronic conditions, and support overall health.

For how to access the BHC website and create your own BHC login, view the login directions or a quick website tutorial video.

## On the BHC website, you can:

- View short **program orientation** modules to learn more about the components and learn about your role as a principal, classroom teacher, PE teacher, or staff in your school's healthy transformation.
- Explore classroom program materials, like nutrition lessons, physical activity breaks, professional development, and program resources by watching the classroom tutorial video.
- **Learn more** about what makes the Building Healthy Communities program so successful with transforming elementary schools into healthy places for children to learn and grow!

